

Martin E.P. Seligman Curriculum Vitae

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Personal Information:

Born: August 12, 1942 in Albany, New York
Married (Mandy McCarthy Seligman), seven children: Amanda, David, Lara, Nicole, Darryl, Carly, and Jenny

DEGREES

A.B., Princeton University, summa cum laude (Philosophy), 1964

Ph.D., University of Pennsylvania (Psychology), 1967

Ph.D., Honoris Causa, Uppsala University, Sweden, 1989

Doctor of Humane Letters, Honoris Causa, Massachusetts College of Professional Psychology, 1997

Ph.D., Honoris Causa, Complutense University, Madrid, 2004

Ph.D., Honoris Causa, University of East London, 2006

APPOINTMENTS—recent

2004- Director, Positive Psychology Center, University of Pennsylvania

1999- Robert A. Fox Leadership Professor of Psychology, University of Pennsylvania

1976- Professor of Psychology, University of Pennsylvania

- 2006- Consulting Editor, *Perspectives on Psychological Science*
- 2006- Distinguished Senior Advisor, *Journal of Positive Psychology*
- 2004 Member, Fellows Nominating Committee, American Academy of Political and Social Science
- 2002- Chair, American Psychological Society William James Award Committee
- 2001- Member, American Academy of Political and Social Science
- 2000- Director, Positive Psychology Network
- 2000- Distinguished Founding Fellow, Academy of Cognitive Therapy
- 1998- National Advisory Board, National Association for Gifted Children
- 1997- National Advisory Committee, National Interfaith Coalition for Spiritual Healthcare and Counseling
- 1997- Honorary Professor of Psychology, Department of Psychology, University of Wales, Cardiff
- 1996 - Member, National Academy of Practice
- 1990- Society of Experimental Psychologists
- 1989- Editorial Board, *Behaviour Research and Therapy*
- 1984- Chairman, Scientific Board, Foresight, Inc.

APPOINTMENTS—past

- 2000-2005 Member, Board of Trustees, American Psychological Foundation
- 2000-2003 Scientific Director, Values-in-Action Classification of Strengths and Virtues Project, Mayerson Foundation

2000-2002	Member, Board of Educational Affairs, American Psychological Association
2000-2001 2000-2002	Treasurer, Executive Board, Council of Scientific Society Presidents Member, Board of Educational Affairs, American Psychological Association
1999-2002	Program Director, Positive Psychology Award, John Templeton Foundation
1999-2001	Member, Executive Board, Council of Scientific Society Presidents
1999	Past-President, American Psychological Association
1999-2001	Member, Executive Board, Council of Scientific Society Presidents
1999	Secretary, Executive Board, Council of Scientific Society Presidents
1998	President, American Psychological Association
1997-2003	Founding Editor-in-Chief, <i>Prevention and Treatment</i> , [the electronic journal of the American Psychological Association]
1997	President-elect, American Psychological Association
1997-1999	Member, Board of Directors, American Psychological Association
1996-2000	Board of Advisors, <i>Parents Magazine</i>
1996-1999	Penn National Commission on Society, Culture, and Community
1995-98	Board of Directors, Eastern Psychological Association
1994-95	Founding President, <i>InterPsych</i> [international electronic union of psychiatrists and psychologists]
1993-95	President, Division 12 (Clinical Psychology), American Psychological Association
1982	Visiting Fellow, Max Planck Institute, Berlin, Germany

- 1975 Visiting Fellow, Maudsley Hospital, Institute of Psychiatry,
University of London
- 1967-70 Assistant Professor of Psychology, Cornell University

SCIENTIFIC AND SCHOLARLY AFFILIATIONS—Past

- 1987-95 Editorial Board, *Philosophical Psychology*
- 1994 Editorial Council, *Journal of Psychological Practice*
- 1991-93 Board of Scientific Affairs, American Psychological Association
- 1990-97 Editorial Board, *Applied Psychology: An International Review*,
Munich, Germany
- 1990-91 Chairman, Personnel Committee, Faculty of Arts and Sciences,
University of Pennsylvania
- 1989-91 Board of Trustees, Prescott College, Prescott, AZ
- 1989-90 Member, Personnel Committee, Faculty of Arts and Sciences,
University of Pennsylvania
- 1989-94 Member, Task Force on Graduate Education, American
Psychological Society
- 1988-91 Public Information Committee, American Psychological Association
- 1988-90 Member, Task Force on Women and Depression, American
Psychological Association
- 1988-90 Advisory Board, *Psychology Today*
- 1988-89 Member, Founding Steering Committee, American Psychological
Society
- 1988-89 Member, NIMH Research Scientist Development Award Study
Section
- 1986-87 Member, Personnel Committee, Faculty of Arts and Sciences,
University of Pennsylvania

- 1985 Editorial Board, *The Journal of Preventive Psychiatry and Allied Disciplines*
- 1984-85 Co-Chairman, Senior Advisory Board on Longitudinal Studies of Puberty, National Institute of Mental Health
- 1981-88 Social Science Research Council: Sub-Committee on Child Development in Lifespan Perspective
- 1979-88 Social Science Research Council: Committee on Lifespan Development
- 1973-98 Clinical License (Pennsylvania)
- 1964-67 National Science Foundation, Graduate Fellow
- 1964-65 Woodrow Wilson Graduate Fellow
- 1964 Phi Beta Kappa, Sigma Xi
- 1963-64 National Science Foundation, Undergraduate Research Fellowship, Princeton University
- 1960-64 Princeton University Scholarship

Member

- American Psychological Association
- Eastern Psychological Association
- American Association for the Advancement of Science
- American Psychopathological Association
- Society for Research in Psychopathology
- American Psychological Society

Fellow

- American Association for the Advancement of Science

American Psychological Association

General Division (1)

Experimental Division (3)

Comparative Division (6)

Clinical Division (12)

Aging Division (20)

Health Division (38)

Behaviour Research and Therapy Society

Society of Behavioral Medicine

American Psychological Society

Pennsylvania Psychological Association

GRANTS—current

2005-2008 Principal Investigator, "Grit Research," John Templeton Foundation, #11544

2005-2007 Principal Investigator, "Positive Psychology Research," John Templeton Foundation, #11286

GRANTS—past

2002-2006 Principal Investigator: "Prevention of Depression in School Children," National Institute of Mental Health, MH 52270

2001-2006 Principal Investigator: "Prevention of Depression with a Web-Based Supplement," National Institute of Mental Health, MH63430

2003-2004 Principal Investigator, "Learned Optimism and the Empowerment of

- People with Disabilities," U.S. Department of Education subcontract from George Washington University, Grant #H264A980002
- 2002-2006 Principal Investigator, "Positive Psychology and the Cultivation of Character Among Youth," Fund for the Improvement of Education: Partnerships in Character Education Program, U.S. Department of Education, R215S020045
- 2002-2004 Principal Investigator, "Positive Youth Development as a Means of Preventing Disorders, Violence, and Suicide," Annenberg Sunnylands Trust Foundation
- 2001-2003 Principal Investigator, "Positive Psychology Young Scholars Grants Program," John Templeton Foundation, #1605
- 2000-2002 Principal Investigator, "Positive Psychology Prize," John Templeton Foundation, #1119
- 1999-2004 Principal Investigator, "The Positive Psychology Network," The Atlantic Philanthropies
- 1999-2003 Principal Investigator, "The Positive Psychology Network," The Annenberg Foundation
- 1996-2001 Principal Investigator: "Prevention of Depression in School Children," National Institute of Mental Health, MH 52270
- 1991-2001 Principal Investigator: "Prevention of Depression by Change in Explanatory Style," National Institute of Mental Health, MH 19604
- 1991-2001 Merit Award, National Institute of Mental Health
- 1987-90 Principal Investigator: "Explanatory Style as a Predictor of Mortality and Morbidity," National Institute of Aging, AG0550
- 1985-92 Principal Investigator: "Helplessness and Attributional Style in Children," National Institute of Mental Health, MH 40142
- 1984-89 Member, MacArthur Foundation Network on Determinants and Consequences of Health-Promoting and Health-Damaging Behavior
- 1974-77 Principal Investigator: "Learned Helplessness, Depression and Social Behavior," National Science Foundation, SOC 74 12063
- 1971-91 Principal Investigator: "Depression and Learned Helplessness" and other titles, National Institute of Mental Health, MH 19604

1969-71 Principal Investigator: "Helplessness and Chronic Fear," National Institute of Mental Health, MH 16546

AWARDS

- 2007 Master Lecturer, American Psychological Association
- 2006 Distinguished Scientific Contribution Award, American Psychological Association
- 2005 Best Book in Clinical Medicine, Association of American Publishers. Treating and preventing adolescent mental health disorders: What we know and what we don't know.
- 2005 Distinguished Scientific Achievement Award, Division 12 (Clinical), American Psychological Association
- 2004 NAGC President's Award, National Association for Gifted Children
- 2003 Best Psychology Book, Books for A Better Life. *Authentic Happiness*.
- 2003 Grace of the Moment Medal, Elka Wintergarten Foundation
- 2002 Lifetime Achievement Award, California Psychological Association
- 2001 Theodore Roosevelt Fellow, American Academy of Political and Social Science
- 2002 Presidential Citation for Lifetime Achievement, American Psychological Association
- 2000 Arthur Staats Award for Unification of Psychology
- 1998 Psi Chi Frederick Howell Lewis Distinguished Lecturer
- 1998 Kaiser-Permanente Distinguished Contribution to Public Health Award
- 1997 Best of the Bulletin Award (for best feature article), American Psychological Association, Division 42 (Independent Practice)
- 1997 Zubin Award, Society for Research in Psychopathology (for lifetime achievement)

- 1996- Member, National Academy of Practice
- 1996 Master Lecturer, American Psychological Association
- 1995 Distinguished Practitioner, National Academy of Practice in Psychology
- 1995 James McKeen Cattell Fellow Award, American Psychology Society (for applications of scientific knowledge)
- 1995 Distinguished Scientific/Professional Contribution Award, Pennsylvania Psychological Association
- 1992 Distinguished Scientist Lecturer, American Psychological Association
- 1992 Distinguished Contribution Award for Basic Research with Applied Relevance, American Association of Applied and Preventive Psychology
- 1991 William James Fellow Award, American Psychological Society (for contributions to basic science)
- 1988 G. Stanley Hall Lecturer (honoring one undergraduate teacher of abnormal psychology in the U.S.), American Psychological Association
- 1986 Distinguished Scientific Contribution Award, American Psychological Association, Division 12 (Clinical), Section 3 (Experimental)
- 1978-79 Fellow, Center for Advanced Study in Behavioral Sciences, Stanford, CA
- 1976 Distinguished Scientific Contribution Award (for early career contribution in animal learning), American Psychological Association
- 1974-75 Guggenheim Fellow
- 1964-67 National Science Foundation Graduate Fellowship, University of Pennsylvania
- 1964-65 Woodrow Wilson Fellowship
- 1964 Philosophy of Mind Prize, Princeton University

BOOKS

A. Seligman, M. E. P., & Hager, J. (Eds.). (1972). *Biological boundaries of learning*. New York: Appleton-Century-Crofts.

B. Seligman, M.E.P. (1975). *Helplessness: On depression, development, and death*. San Francisco: W. H. Freeman.

Editions:

1. *Helplessness*. (1976). Tokyo: Tuttle-Mori Agency, Inc. (Japanese).

2. *Hjalphloshet*. (1976). Stockholm: Albert Bonniers (Swedish).

3. *Hiflosigkeit*. (1976). Munich: Urban and Schwarzenburg (German).

Two editions.

4. *Desamparo*. (1977). Sao Paulo: Hucitec-Edsup (Portuguese).

5. *Helplessness*. (1977). Seoul (Korean).

6. *Helplessness*. (1978). Rome: Bulzoni Editore (Italian).

7. *Hulpeloosheid*. (1979) Netherlands: Nelissen and Bloemendaal (Dutch).

8. *Helplessness*. (1981). Tokyo: Seishin Shobo Ltd. (Japanese).

9. *Indefension*. (1981). Madrid: Editorial Debate (Spanish).

C. Maser, J., & Seligman, M.E.P. (Eds.). (1977). *Psychopathology: Experimental models*. San Francisco: W. H. Freeman.

Edition:

1. *Modelos Experimentales en Psicopatologia*. (1983) Madrid: Ikhambra Universidad (Spanish).

D. Garber, J., & Seligman, M.E.P. (Eds.). (1980). *Human helplessness: theory and applications*. New York: Academic Press.

E. Rosenhan, D.L., & Seligman, M.E.P. (1984). *Abnormal psychology*. New York: W. W. Norton.

F. Rosenhan, D.L., & Seligman, M.E.P. (1989). *Abnormal psychology*. (2d ed.). New York: W. W. Norton.

Edition:

1. *Psychopatologia*. (1994). Warsaw: Polskie Towarzystwo Psychologiczne, (Polish).

G. Seligman, M.E.P. (1990). *Learned optimism*. New York: Knopf.

Editions:

1. (1990). *El Optimismo Se Adquiere*. Buenos Aires: Editorial Atlantida, (Spanish, Argentina).
2. (1991). *Pessimismus Kusst Man Nicht*. Munich: Droemer, (German).
3. (1991). Tokyo: *Kodansha*, (Japanese). Paperback: *Kodansha* (1995).
4. (1991). *Optimisme Kun Je Leren*. Utrecht: Het Spectrum (Dutch).
5. (1992). *Apreda a Ser Otimista*. Rio de Janeiro: Distribuidora Record de Servicos de Imprensa, S.A., (Portuguese, Brazil).
6. Australian Edition. (1992). Sydney: Random-Century.
7. (1992). *Optimistin Kasikrja*. Finland: Otava (Finnish).
8. (1993). Warsaw: Media Rodzina, (Polish).
9. (1994). *Apprendre L'Optimisme*. Paris: InterEditions (French).
10. (1995). Montreal: Editions Sogides (French).
11. (1996). *Imparare L'Ottimismo*. Florence: Giunti Gruppo Editoriale (Italian).
12. (1996). Taipei, Taiwan: Yuan-Liou Press (Chinese, complex).
13. (1996). Seoul, Korea: Origin (Korean).
14. (1997). Moscow, Russia: Perseus Publishers (Russian)
15. (1998). Barcelona, Spain: Ediciones Grijalbo (Spanish).

16. (1998). Taipei, Taiwan: Xinhua (Chinese, simple).

17. (2002). Riyadh, Saudi Arabia: Jarir (Arabic).

Other Editions:

Book of the Month Club (1991).

Rodale Press Book Club (1991).

Psychotherapy and Social Science Book Club (1991).

Quality Paperback Book Club (1991).

Paperback Edition: Pocket Books (Simon & Schuster) (1991).

Audio Edition: Simon & Schuster (1991).

H. Seligman, M.E.P. (1991). *Helplessness: On depression, development, and death*. (2d ed.). New York: W. H. Freeman.

I. Peterson, C., Maier, S., & Seligman, M.E.P. (1993). *Learned helplessness: A theory for the age of personal control*. New York: Oxford.

Edition:

1. (2000). Osaka: Nihei-sha, (Japanese).

J. Buchanan, G., & Seligman, M.E.P. (Eds.). (1995). *Explanatory style*. Hillsdale, N.J.: Erlbaum.

K. Seligman, M.E.P. (1994). *What you can change and what you can't*. New York: Knopf.

Editions

1. Australian Edition. (1994). Sydney: Random-Century

2. (1994). Warsaw: Media Rodzina (Polish).

3. (1994). Psychologie Heute (German).

4. (1995). *No puedo ser mas alto pero puedo ser mejor*. Barcelona: Grijalbo Mondadori S.A. (Spanish).
5. (1995). *O que voce pode e o que nao pode modar*. Rio de Janeiro: Editora Objetiva (Portuguese).
6. (1995). *Changer oui c'est possible*. Paris: Editions Sogides (French).
7. (1997). Moscow: Persei (Russian).
8. (1999). Yuan-Liou Publishing Co. (Chinese).
9. (2004). Warsaw: Media Rodzina (Polish).
10. (2005). Riyadh, Saudi Arabia: Jarir (Arabic).
11. (2006). Editora Pergaminho (Portuguese).
12. (2006). Yuan-Liou Publishing Co. (Chinese).
13. (2007) *What you can change and what you can't*. (2nd ed.) New York: Vintage.

Other Editions:

Book of the Month Club (1994)

Audio Edition: Simon and Schuster (1994)

Paperback edition, Ballantine (1995)

L. Rosenhan, D.L., & Seligman, M.E.P. (1995). *Abnormal psychology*. (3d ed.). New York: W. W. Norton.

M. Seligman, M.E.P., Reivich, K., Jaycox, L., & Gillham, J. (1995). *The optimistic child*. New York: Houghton Mifflin.

Editions:

1. Australian edition. (1995). Sydney: Random House.
2. (1997). *Rowohlt* (German).

3. (1997). Warsaw: Media Rodzina (Polish).
4. (1998). *Det optimistiska barnet*. Jonkoping: Brain Books (Swedish).
5. (1998). Am oved (Hebrew).
6. (1998). Taipai, Taiwan: Yuan-Liou Press (Chinese, complex).
7. (1999). Ninos Optimistas. Barcelona: Grijalbo, (Spanish).
8. (2004). Origin (Korean).
9. (2004). Random House Mondadori (Spanish).
- 10.(2004). Shanghai Literature & Arts (Chinese, simple).
11. (2004). Yuan-Liou Publishing Co. (Chinese).
12. (2004). Diamond (Japanese).
13. (2005). Jarir Bookstore (Arabic).
14. (2005). Sperling & Kupfer (Italian).
15. (2006). Beijing: China Renmin University (Chinese).

Other Editions:

Book of the Month Club, 1995

Paperback edition, Harper Collins, 1996

Audio Edition: Harper Collins, 1996

N. Seligman, M.E.P. (1998). *Learned optimism*. (2d ed.). New York: Pocket Books (Simon and Schuster).

Editions:

1. (2000). Warsaw: Media Rodzina (Polish).
2. (2001). Seoul, Korea: Origin (Korean).

3. (2002). Oslo, Norway: Forlaget WEM (Norwegian).
4. (2003). Bucharest, Romania: Humanitas, (Romanian).

O. Seligman, M.E.P., & Rosenhan, D.L. (1998). *Abnormality*. New York: W.W. Norton.

P. Gillham, J.E. (Ed). (2000). *The science of optimism and hope: research essays in honor of Martin E. P. Seligman*. Radnor, PA: Templeton Foundation Press.

Q. Seligman, M.E.P., Walker, E., & Rosenhan, D.L. (2001). *Abnormal psychology*. (4th ed.) New York: W.W. Norton.

R. Chirot, D., & Seligman, M.E.P. (Eds.) (2001). *Ethnopolitical warfare: Causes, consequences, and possible solutions*. Washington, D.C.: APA Press.

S. Seligman, M.E.P. (2002). *Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment*. New York: Free Press.

Editions:

1. (2002). NSW, Australia: Random House Australia.
2. (2002). Utrecht, The Netherlands: Uitgeverij Het Spectrum BV (Dutch).
3. (2003). Munich, Germany: Ehrenwirth/Luebbe (German).
4. (2003). Israel: Modan Publishers (Hebrew).
5. (2003). China: Yuan-Liou (Chinese, Complex).
6. (2003). Rio de Janeiro, Brazil: Editora Objetiva (Portuguese).
7. (2003). Milan, Italy: Sperling & Kupfer (Italian).
8. (2003): Madrid, Spain: Ediciones B (Spanish).
9. (2003): Euromedia, (Czech).
10. (2003): CITIC, (Chinese simple).
11. (2003): UK: Nicholas Brealey Publishing, (English).
12. (2003): Aspect, (Japanese).

13. (2003): Seoul: Malpure, (Korean).
14. (2003): Aschehoug, (Danish).
15. (2003): Warsaw: Media Rodzina, (Polish).
16. (2003): Ediciones d'Ada, (French).
17. (2003): Livanis, (Greek).
18. (2004): Khabarovsk, (Russian).
19. (2007): Budapest: Profil Training Kft., (Hungarian).

Audio Edition: Simon & Schuster Audio, 2003

T. Peterson, Christopher & Seligman, M.E.P. (2004). *Character strengths and virtues: A handbook and classification*. Washington, D.C.: APA Press and Oxford University Press.

U. Evans, D. L., Foa, E., Gur, R., Hendrin, H., O'Brien, C., Seligman, M.E.P. & Walsh, B.T. (Eds.). (2006). *Treating and preventing adolescent mental health disorders: What we know and what we don't know*. New York: Oxford University Press, The Annenberg Foundation Trust at Sunnylands, and The Annenberg Public Policy Center of the University of Pennsylvania.

SCIENTIFIC AND SCHOLARLY PUBLICATIONS**2007**

222. Cardemil, E., Reivich, K.J., Beevers, C.G., Seligman, M.E.P., & James, J. (2007). The prevention of depressive symptoms in low-income, minority children: Two-year follow-up. *Behaviour Research and Therapy*, *45*, 313-327.

223. Seligman, M.E.P., Schulman, P. & Tryon, A. (2007). Group prevention of depression and anxiety symptoms. *Behaviour Research and Therapy*, in press.

2006

212. Chaplin, T.M., Gillham, J.E., Reivich, K., Levy-Elkton, A., Samuels, B., Freres, D.R., Winder, B. & Seligman, M.E.P. (2006). Depression prevention for early adolescent girls: A pilot study of all-girls versus co-ed groups. *Journal of Early Adolescence*, *26*, 110-126.

213. Duckworth, A.L. & Seligman, M.E.P. (2006). Self-discipline outdoes IQ in predicting academic performance of adolescents. *Psychological Science*, *16*, 939-944.

214. Duckworth, A.L. & Seligman, M.E.P. (2006). Self-discipline gives girls the edge: Gender in self-discipline, grades, and achievement test scores. *Journal of Educational Psychology*, *98*, 198-208.

215. Gillham, J. E., Reivich, K. J., Freres, D. R., Lascher, M., Litzinger, S., & Shatte, A. et al. (2006). School-based prevention of depression and anxiety symptoms in early adolescence: A pilot of a parent intervention component. *School Psychology Quarterly*, *21*, 323-348.

216. Park, N., Peterson, C., & Seligman, M.E.P. (2006). Character strengths in fifty-four nations and the fifty US states. *Journal of Positive Psychology*, *1*, 118-129.

217. Peterson, C., Park, N. & Seligman, M.E.P. (2006). Greater strengths of character and recovery from illness. *Journal of Positive Psychology*, *1*, 17-26.

218. Seligman, M.E.P. (2006). Afterword: Breaking the 65 percent barrier. In M. Csikszentmihalyi, & I. S. Csikszentmihalyi (Eds.), *A life worth living: Contributions to positive psychology*. (pp. 230-236). New York, NY, US: Oxford University Press.

219 Seligman, M.E.P., Parks, A.C. & Steen, T. (2006). A balanced psychology and a full life. In F. Huppert, B. Keverne & N. Baylis, (Eds.), *The science of well-being* (pp. 275-283), Oxford: Oxford University Press.

220. Seligman, M.E.P., Rashid, T., & Parks, A.C. (2006). Positive psychotherapy. *American Psychologist*, *61*, 774-788.

221. Shimai, S., Otake, K., Park, N., Peterson, C., & Seligman, M.E.P. (2006). Convergence of character strengths in American and Japanese young adults. *Journal of Happiness Studies*, *7*, 311-322.

2005

205. Dahlsgaard, K., Peterson, C., & Seligman, M.E.P. (2005). Shared virtue: The convergence of valued human strengths across culture and history. *Review of General Psychology*, *9*, 203-213.

206. Duckworth, A.L., Steen, T.A., & Seligman, M.E.P. (2005). Positive psychology in clinical practice. *Annual Review of Clinical Psychology*, *1*, 629-651.

207. Peterson, C., Park, N., & Seligman, M.E.P. (2005). Orientations to happiness and life satisfaction: the full life versus the empty life, *Journal of Happiness Studies*, *6*, 25 – 41.

208. Reivich, K.J., Gillham, J.E., Chaplin, T. M., & Seligman, M.E.P. (2005). From helplessness to optimism: The role of resilience in treating and preventing depression in youth. In S. Goldstein & R.B. Brooks (Eds.) *Handbook of Resilience in Children*. (pp. 223-237). New York: Kluwer Academic/Plenum Publishers.

209. Seligman, M. E. P., Berkowitz, M. W., Catalano, R. F., Damon, W., Eccles, J.S., Gillham, J. E., Moore, K. A., Nicholson, H. J., Park, N., Penn, D. L., Peterson, C., Shih, M., Steen, T. A., Sternberg, R. J., Tierney, J. P., Weissberg, R. P., & Zaff, J. F. (2005). The positive perspective on youth development. In D. L. Evans, E. Foa, R. Gur, H. Hendrin, C. O'Brien, M. E. P. Seligman, & B. T. Walsh (Eds), *Treating and preventing adolescent mental health disorders: What we know and what we don't know* (pp. 499-529). New York: Oxford University Press, The Annenberg Foundation Trust at Sunnylands, and The Annenberg Public Policy Center of the University of Pennsylvania.

210. Seligman, M. E P, Steen, T., Park, N., & Peterson, C. (2005). Positive psychology progress: Empirical validation of interventions. *American Psychologist*, *60*, 410-421.

2004

197. Abela, J. R. Z., Brozina, K., & Seligman, M. E. P. (2004). A test of the integration of the activation hypothesis and the diathesis-stress component of the hopelessness theory of depression. *British Journal of Clinical Psychology*, *43*, 111-128.

198. Diener, E. & Seligman, M.E.P. (2004). Beyond Money: Toward an economy of well-being. *Psychological Science in the Public Interest*, 5, 1-31.

199. Evans, Dwight L., Seligman, Martin E.P. (2004). Introduction. In *Treating and preventing adolescent mental health disorders*. New York: Oxford University Press.

200. Park, N., Peterson, C., & Seligman, M.E.P. (2004). Reply: Strengths of character and well-being: A closer look at hope and modesty. *Journal of Social & Clinical Psychology*, 23, 628-634

201. Park, N., Peterson, C., & Seligman, M. (2004). Strengths of character and well-being. *Journal of Social and Clinical Psychology*, 23, 603-619.

202. Seligman, M.E.P. (2004). Can happiness be taught? *Daedalus*, 3, 80-87.

203. Seligman, M. E. P., Parks, A., & Steen, T. (2004). A balanced psychology and a full life. *The Royal Society, Philosophical Transactions: Biological Sciences*, 359, 1379-1381.

204. Seligman, M.E P, Park, N., & Peterson, C. (2004). The Values In Action (VIA) classification of character strengths. *Ricerche di Psicologia. Special Positive Psychology*, 27, 63-78.

2003

184. Dahlsgaard, K., Peterson, C., & Seligman, M.E.P. (2005). Shared virtue: The convergence of valued human strengths across culture and history. *Review of General Psychology*, 9, 203-213.

185. Isaacowitz, D.M., & Seligman, M.E.P. (2003). Cognitive styles and psychological well-being in adulthood and old age. In M. Bornstein, L. Davidson, C.L.M. Keyes, K. Moore & The Center for Child Well-Being (Eds.), *Well-Being: Positive development across the lifespan*. Mahwah, NJ: Lawrence Erlbaum Associates.

186. Isaacowitz, D.M., Vaillant, G.E., & Seligman, M.E.P. (2003). Strengths and satisfaction across the adult lifespan. *The International Journal of Aging and Human Development*, 57, 181-201.

187. Peterson, C., Lee, F., & Seligman, M. E. P. (2003). Assessment of optimism and hope. In R. Fernández Ballesteros (Ed.), *Encyclopedia of psychological assessment*. (pp. 646-649). London: Sage Publications.

188. Peterson, C., & Seligman, M. E. P. (2003). Character strengths before and after 9/11. *Psychological Science*, 14, 381-384.

189. Peterson, C., & Seligman, M. E. P. (2003). Positive organizational studies: Thirteen lessons from positive psychology. In K. S. Cameron, J. E. Dutton, & R.E. Quinn (Eds.), *Positive organizational scholarship*. San Francisco: Berrett-Koehler.

190. Peterson, C., & Seligman, M. E. P. (2003). The Values in Action (VIA) classification of strengths. Washington, DC: American Psychological Association.

191. Seligman, M.E.P. (2003). Positive Psychology: Fundamental Assumptions. *Psychologist*, 126-127.

192. Seligman, M.E.P. (2003). The past and future of positive psychology. In C.L.M. Keyes & J. Haidt (Eds.), *Flourishing: Positive psychology and the life well-lived* (pp. xi - xx). Washington DC: American Psychological Association.

193. Seligman, M.E.P. & Pawelski, J.O. (2003). Positive Psychology: FAQs. *Psychological Inquiry*, 159-163.

194. Seligman, M.E.P., & Peterson, C. (2003). Positive clinical psychology. In L.G. Aspinwall & U.M. Staudinger (Eds.). *A psychology of human strengths: Fundamental questions and future directions for a positive psychology*. (pp. 305-317) Washington, DC: American Psychological Association.

195. Shatte, A.J., Seligman, M.E.P., Gillham, J.E., & Reivich, K. (2003). The role of positive psychology in child, adolescent, and family development. In Lerner, R.E., Jacobs, F., & Wertlieb, D. (Eds.). *Handbook of applied developmental science: promoting positive child, adolescent, and family development through research, policies, and programs*. Thousand Oaks, CA: Sage Publications.

196. Weissberg, R.P., Kumpfer, K., Seligman, M.E.P. (Eds.). (2003). Prevention for children and youth that works: An introduction. *American Psychologist*, 58, 425-432.

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