Ways and Opportunities of Positive Psychology

A Joint Initiative of the Academy for Child, Youth and Family, Graz, the Inntal Institute, Rosenheim, the Milton Erikson Institute Heidelberg and Seligman Europe

Using your personal strengths in your everyday professional and private life, realizing your potential, creating work-life balance, experiencing states of flow and enjoying long-lasting relationships and vitality: these are core themes across coaching, consulting, therapy, leadership and organizational development, education and training.

Positive Psychology has been doing groundbreaking research across all of these areas. With a growing foundation of evidence, and drawing on recent work in neuroscience, it offers simple ideas and approaches that can be applied in various domains. Its relevance is clear from the growing number of international media and publications. In this top-class series of events “Ways and Opportunities of Positive Psychology” you will gain insight into the latest, highly effective methods of modern Psychology.

Registration:

Online at www.seligmaneurope.com or www.akjf.at
E-Mail to akjf@akjf.at

Information:

Hotline Austria +43 699 16030050 or +43 699 16030040
Hotline Germany +49 8031 50601

All events are chargeable as subject-specific advanced training for doctors, psychologists, psychotherapists, social workers etc.

The speeches in English will be translated by psychologist Heike Born.

Evening reception in Rosenheim € 50,-
Evening reception in Berlin € 50,-